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Gas Permeable Contact Lens Care and Handling

Proper care is necessary for successful wear, expected lens life, and good eye health. You will be provided with the initial products to clean, disinfect and store your gas permeable lenses. They are also available at most pharmacies and grocery stores. Use them as instructed.

Boston Clean Solution

Your daily lens cleaner is Boston Cleaner. You will need to clean your lenses by rubbing in the palm of your hand with Boston Cleaner after removing the lenses at the end of the day. You must then rinse the lenses with warm tap water and be sure to close the drain or place a towel over drain. If you have family members with soft contact lenses, they must never use tap water with the soft lenses. Place the lenses in the case and cover with fresh Boston Conditioning solution for overnight storage. In the morning, wash your hands first and then apply a drop of conditioning solution to the lenses prior to insertion. This is your daily routine. However, once per week you will add one drop of Boston Liquid Enzymatic Cleaner to each side of the storage case containing the conditioning solution and lenses. Follow your normal routine the next morning.

New Wearers:

It is normal if: your lenses itch or feel funny; one lens is more noticeable than the other, your vision seems more blurred than with glasses; one eye sees better than the other; you have trouble handling the lenses.

Remove your lenses if: you develop unusual pain or redness; you experience a decline in vision that does not clear up; you suspect something is wrong.

Wear Schedule for new wearers: Wear the contact lenses for 4 hours only on day one. You may add one additional hour of wear each day to a total of 12-15 hours.

Date: _____

Tech: _____

Patient: _____